



MYSTIC SANDS

SPORTS & WELLNESS

Dinner Menu

FROM 5:30PM | WEDNESDAY TO SATURDAY

STARTERS

Garlic Bread	\$8.00
Garlic Cheese Bread	\$8.00
Cheese, Bacon & Garlic Bread	\$8.00
Salt & Pepper Squid	\$12.00
Prawn Cutlets	\$12.00
Wedges or sweet potato chips	\$10.00

STEAKS

<i>Rib Eye</i> - Succulent rib eye fillet cooked to your liking	\$35.00
<i>Rump Fillet</i> - Prime rump fillet cooked to perfection	\$30.00
<i>Lamb Shank</i> - Slow-cooked lamb shank in a rich red wine jus	\$30.00
<i>Beef Schnitzel</i> - Lightly crumbed beef schnitzel, cooked to perfection	\$25.00

MAINS

<i>Chicken Parmigiana</i> - Lightly crumbed chicken breast topped with chef's tomato napolitana sauce, shredded ham and melted cheese	\$27.50
<i>Chicken Tropical Parmigiana</i> - Lightly crumbed chicken breast topped with chef's tomato napolitana sauce, shredded ham, pineapple and sweet chilli rosella sauce	\$27.50
<i>Chicken Schnitzel</i> - Lightly crumbed succulent chicken breast, cooked to golden perfection	\$25.00
<i>Battered Fish</i> - Crunchy, lightly battered flathead served with chips and tartare sauce	\$20.00
<i>Prawn Cutlets</i> - Crumbed succulent prawns served with chips and garlic aioli	\$20.00
<i>Seafood Basket</i> - A delightful selection of lightly battered fish, calamari, prawn cutlets, seafood bites and scallops, served with chips and tartare sauce	\$25.00
<i>Salt & Pepper Squid</i> - Juicy salt and pepper squid lightly fried to perfection, served with chips	\$20.00

All meals served with chips or mash / salad or vegetables

Gluten-Free Pasta available \$2.00



GOOD FOOD



GREAT COFFEE



BETTER TOGETHER



RELAX. PLAY. ENJOY.

MYSTICSANDS.COM.AU





MYSTIC SANDS

SPORTS & WELLNESS

Dinner Menu

FROM 5:30PM | WEDNESDAY TO SATURDAY

<i>Home Made Lasagne</i> - Homestyle lasagne just like Mum used to make	\$25.00
<i>Vegetarian Pasta</i> - Sundried tomato, chickpeas, baby spinach and pumpkin in chef's homemade napolitana sauce, finished with crumbled feta	\$25.00
<i>Spaghetti Bolognese</i> - Spaghetti served with homemade bolognese sauce, topped with cheese	\$25.00
<i>Curry of the Week</i> - Served on a bed of basmati rice	\$25.00

All meals served with chips or mash / salad or vegetables

Gluten-Free Pasta available \$2.00

SALADS

<i>Mystic Caesar Salad</i> - Lettuce, crispy bacon, croutons and egg, finished with house-made Caesar dressing and shaved parmesan	\$20.00
<i>Pumpkin & Feta Salad (gluten Free)</i> - Garden-fresh lettuce, tomato, carrot, beetroot, capsicum, pumpkin and salad onion, topped with crumbled feta and finished with Italian dressing	\$15.00
<i>Corn Fritters (GF)</i> - Lightly fried on a bed of fresh green salad with balsamic dressing	\$18.00

KIDS MENU

<i>Nuggets & chip</i>	\$11.00
<i>Fish & Chips</i>	\$11.00
<i>Steak & Chips</i>	\$20.00
<i>Junior Bunker Burger</i> - Our famous beef patty cheeseburger on a Turkish roll with cheese & Tomayo sauce, served with chips	\$15.00
<i>Little Birdie</i> - Crumbed chicken served on a toasted Turkish roll with cheese & mayonnaise served with chips	\$15.00
<i>Spaghetti bolognaise</i> - topped with cheese	\$12.00
<i>Ice Cream (Kids)</i> - 2 scoops with chocolate topping	\$6.00

DESSERTS

<i>Cheesecake of the Day</i> - Served with ice cream or cream	\$10.00
<i>Sticky Date Pudding</i> - With silky vanilla ice cream or cream	\$10.00
<i>Dessert of the Week</i>	\$10.00
<i>Ice Cream (Kids)</i> - 2 scoops with chocolate topping	\$6.00



GOOD FOOD



GREAT COFFEE



BETTER TOGETHER



RELAX. PLAY. ENJOY.

MYSTICSANDS.COM.AU

